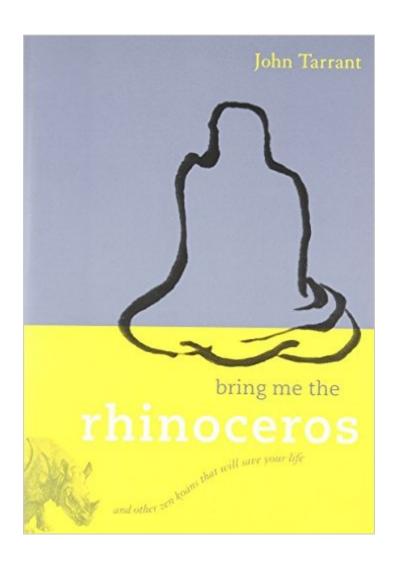
The book was found

Bring Me The Rhinoceros: And Other Zen Koans That Will Save Your Life





Synopsis

Bring Me the Rhinoceros is an unusual guide to happiness and a can opener for your thinking. For fifteen hundred years, Zen koans have been passed down through generations of masters, usually in private encounters between teacher and student. This book deftly retells more than a dozen traditional koans, which are partly paradoxical questions dangerous to your beliefs and partly treasure boxes of ancient wisdom. Koans show that you donâ TMt have to impress people or change into an improved, more polished version of yourself. Instead you can find happiness by unbuilding, unmaking, throwing overboard, and generally subverting unhappiness. John Tarrant brings the heart of the koan tradition out into the open, reminding us that the old wisdom remains as vital as ever, a deep resource available to anyone in any place or time.

Book Information

Paperback: 192 pages

Publisher: Shambhala; Reprint edition (November 11, 2008)

Language: English

ISBN-10: 159030618X

ISBN-13: 978-1590306185

Product Dimensions: 5.5 x 0.6 x 7.6 inches

Shipping Weight: 8 ounces (View shipping rates and policies)

Average Customer Review: 4.6 out of 5 stars Â See all reviews (29 customer reviews)

Best Sellers Rank: #130,103 in Books (See Top 100 in Books) #114 in Books > Politics & Social

Sciences > Philosophy > Eastern > Buddhism > Zen > Philosophy #157 in Books > Politics &

Social Sciences > Philosophy > Eastern > Buddhism > Zen > Spirituality #185 in Books > Politics

& Social Sciences > Philosophy > Eastern > Buddhism > Rituals & Practice

Customer Reviews

Koans are gateways for a Zen practitioner to realize Buddha nature. John Tarrant's book is a pleasant introduction to some of the "Greatest Hits" of Koans, adding one new one of Australian aboriginal origin. (Tarrant is a Tasmanian.)The form of realization that Tarrant focuses on is the one-ness of all things. Over and over he describes the experience of realization as perceiving all things as glowing with presence and meaning, accompanied by the feeling of certainty that you are all things and that all things are you. He makes it seem as if that specific experience - should you ever get there - is the end of suffering, the beginning of the potential for true happiness. The initial Kensho (realization) experience is, in general, a shallow one. If you place too much emphasis on it

and get stuck in the initial experience of one-ness there's a "zen stink" associated with that condition. It takes years to internalize and broaden the initial realization to the point where you can be called "realized". Even a long-ripened realization can be seriously incomplete. Tarrant and also Yasutani roshi, Eido Shimano roshi, Genpo Merzel roshi (among many others) are cases in point that being realized - even deeply realized - doesn't necessarily make you a good person, a happy person, a smart person, a compassionate person, or someone who does not suffer or cause others significant suffering. John Tarrant broke with Aitken roshi's Diamond Sangha in 1999 due to a well-publicized dispute about unethical behavior. Readers of this book should learn more about that split to understand who Tarrant is in the Zen world. See the link to a PDF on Matthew T.

Download to continue reading...

Bring Me the Rhinoceros: And Other Zen Koans That Will Save Your Life Zen Doodle Drawing BOX SET 5-in-1: Zen Cats, Zen Dogs, Zen Horses, Zen Underwater Life, Zen Girls Zen Flesh Zen Bones: A Collection of Zen and Pre-Zen Writings Zen Flesh, Zen Bones: A Collection of Zen and Pre-Zen Writings (Unabridged Selections) Tarot Osho Zen/ Osho Zen Tarot: El juego trascendental del Zen/ The Transcendental Game of Zen (Spanish Edition) The Book of Equanimity: Illuminating Classic Zen Koans ZEN DOODLE: The Art of Zen Doodle. Drawing Guide with Step by Step Instructions. Book one. (Zen Doodle Art 1) Prayers That Bring Change: Power-Filled Prayers that Give Hope, Heal Relationships, Bring Financial Freedom and More! Z.B.A.: Zen of Business Administration -How Zen Practice Can Transform Your Work And Your Life Clara: The (Mostly) True Story of the Rhinoceros who Dazzled Kings, Inspired Artists, and Won the Hearts of Everyone . . . While She Ate Her Way Up and Down a Zen Haiku and Other Zen Poems of J.W. Hackett Rhinoceros Tap: 15 Seriously Silly Songs Wittgenstein's Rhinoceros (Plato & Co.) Zen: How to Practice Zen Everywhere in Your Daily Life Marriage: Save Your Marriage- The Secret to Intimacy and Communication Skills (marriage, relationships, save your marriage, divorce, love, communication, intimacy) DIY Projects: Save Time & Money Maintaining Your Home With Simple DIY Household Hacks, Home Remedies: Increase Productivity & Save Time with Frugal Living ... And Organizing, Increase Productivity) Find What You Were Born For: Design Goals That Bring Purpose To Your Life - How To Shape Your Future, Craft Goals To Your Calling And Create Lasting Change (Book 2) Zen Mind, Beginner's Mind: Informal Talks on Zen Meditation and Practice Zen Coloring - Flowers (Zen Coloring Book) Osho Zen Tarot: The Transcendental Game Of Zen

Dmca